An early intervention program that engages students, school staff and families in mental health education and discussion.

**NAMI** Family-to-Family

A 8-class course for family and friends of adults with mental illness.

**NAMI** Peer-to-Peer

A 8-class course for individuals with mental illness focusing on recovery.

**NAMI** In Our Own Voice

A presentation given by individuals with mental illness providing their testimonies.

**NAMI** Basics

A 6-class course for parents and caregivers of children with mental illness.

**NAMI** Homefront

A 6-session educational program for families, caregivers and friends of military service members and vets with mental health conditions

**NAMI** Walks

Our annual walk for mental illness (March/April), which is our largest awareness campaign and signature fundraising event.

May is Mental Health Awareness Month.

July is Minority Mental Health Awareness Month.

Mental Illness Awareness Week*:

Promoting events and activities throughout the first week in October.

Lending Library*:

Books, DVDs, videos, and publications are available for checkout.

Presentations*:

Provided on request for health providers, community groups, faith-based communities, businesses and others.

**NAMI** Family Support Group

Provide the sharing of experiences, knowledge, hope and coping skills for family members and friends with a loved one with mental illness.

**NAMI** Connection

A weekly recovery-focused group for adults living with mental illness.

Heart to Heart: A friendship program for people with mental illness. Volunteers are matched with individuals who have mental illness and are trained to talk and participate in social activities together.

**NAMI** FaithNet

Supports faith communities who want to develop a mental health ministry or simply educate their clergy, staff, and congregations about mental illness and available community resources.

**NAMI** Walks

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* Program/Service available in Spanish

Follow us on:

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