Your Personal Fundraising Goal: \$____ **Fundraising Preparation** You will find that fundraising is easy and efficient when you have a defined goal and plan. Think about a How will I promote my efforts? strategy before you begin. ☐ E-mails Set you fundraising goal. Aim high and motivate yourself and your donors. ☐ Letter Writing Many people are affected by mental illness and ☐ Facebook may be willing to help. And if not, there are many ☐ Twitter people who will simply want to support you. ☐ YouTube Prepare a thank you note to send to donors. Be ready to thank people promptly so that they □ Business Cards know their contribution mattered to you. Send ☐ Flyers them periodic follow ups as you prepare for and complete the event. You can even invite them to □ Postcards NAMIWalks to cheer for you as you walk! Start out with more than 50 Contacts! **Neighbors, Your Closest Friends** Businesses (eg. businesses where you are a customer, including local restaurants, gas stations, retail stores. Service providers such as doctors, dentist, 4. pharmacist, vet, hairdresser, mechanic, attorney, cleaner)

Immediate Family (Spouse, Children, Parents, Siblings) 3._____ **School Friends Distant Family** (eg. past/present school friends, (Aunts, Uncles, Cousins, In-Laws) people you have met through your children going to school) Faith-Based Community 1._____ 3.____ 9._____ **Social Groups** (eg. sports teams, art groups, other clubs such as, VFW, Lions, Rotary, etc) **Work Acquaintances** (People on your holiday card list, (if you have an office announcement acquaintences) board, announce your efforts there) 1._____ 8.____